

Course Announcement

In Chloses

To: Law Enforcement Agencies

From: John C. Moses

Director of Criminal Justice

Date: December 4, 2025

Re: Power in Peers©

CJP229-5036

MPCTC Approval #: Pending (40 hours)

March 16 to 20, 2026

Location:

Wor-Wic Community College
 Eastern Shore Criminal Justice Academy

 Fulton-Owen Hall, Room 103
 32000 Campus Drive
 Salisbury, MD 21804
 410-572-8750

Dates & Times:

- Monday, March 16 to Friday, March 20
- 7:45 a.m. 5:00 p.m.

Training Registration:

• To register, email your request to: escjaregistration@worwic.edu

Fees:

• Funded by CIT grant.

This course is now open to:

- Law enforcement personnel
- Dispatchers
- Therapists
- Civilians working with law enforcement (such as chaplains)

Power In Peers© is a standardized curriculum in peer support designed by law enforcement for law enforcement. The course provides a national certification and is considered to be a comprehensive course for both beginners and those with previous peer support experience. This course meets the Maryland mandate for Peer Support Training.

This course will train active and retired members of law enforcement, as well as civilian support staff and mental health clinicians, to assist and support peer officers with managing stress related not only to their duties as law enforcement officers, but also with stress related to life outside the scope of the job.

While trained peer support services are most likely to be sought out following a critical incident, course participants will be equipped to assist fellow officers with managing everyday stressors related to life as a law enforcement professional. Thus, this course contains post-critical incident skills development but also focuses on active listening skills as well as concepts from the field of Positive Psychology which focus on the development of individual strengths of the supported officer.

This course is intended to increase the skill level and number of trained peer supporters among members of the law enforcement profession. In addition, it will create a national standard for trained peer support and provides the student with access to a nationwide network of trained mentors.

Upon completion of this course, the student should be able to:

- 1. Demonstrate the ability to effectively provide support to a peer member of law enforcement in times of personal struggle or crisis.
- 2. Identify one characteristic of Power In Peers[®] training that distinguishes it from other models of peer support historically applied in law enforcement populations.
- 3. Identify signs and signals that a fellow officer is in need of support.
- 4. Demonstrate at least two methods for engaging a peer to offer support.
- 5. Demonstrate use of active listening skills.
- 6. Demonstrate awareness of the scope of their training as a Supporting Peer Mentor.
- 7. Demonstrate the ability to make referrals to higher-level services.
- 8. Explain key concerns surrounding use of substances.
- 9. Demonstrate understanding of Positive Psychology concepts and post-traumatic growth.
- 10. Demonstrate incorporation of at least one Positive Psychology concept in peer support work.
- 11. Create a plan of self-care and will be able to describe at least two measurable self-care practices.

This course is designed to meet requirements as mandated by the Maryland Police Training Commission and to meet the annual in-service requirements.

Dress Code Policy for Training Sessions at the Academy

To ensure a professional appearance, all in-service officers and staff must adhere to the following dress code to gain admission to any training session at the Academy:

- Uniform of the Day: Recommended.
- **Shirt**: Must have a collar; no t-shirts or tank tops.
- Pants: Docker-style pants, BDUs, or suits; no shorts or jeans.
- Footwear: Closed-toe shoes with socks; no sandals.

Firearms Policy: Officers carrying a handgun on campus must also display their badge in plain view.

Non-Compliance: Attendees who do not follow the dress code will be denied entry to the classroom or range. A report will be submitted to the Chief/Sheriff/Warden/Director outlining the reasons for the denial.

Thank you for your cooperation in maintaining a professional environment.

ESCJA Training Reservation Instructions

- 1. Complete the ESCJA Reservation Form: The fillable form is attached to the announcement email.
- 2. Enter Information: Please type, rather than handwrite, all required information onto the form.
- 3. **Save and Submit**: Save the completed form and email the saved file to escjaregistration@worwic.edu.

You will receive a notification confirming your seat or informing you if you have been placed on standby.

This document is available in alternative formats to individuals with disabilities by contacting disability services at disabilityservices@worwic.edu, 410-334-2899 or TTY 410-767-6960. Wor-Wic Community College is an equal opportunity educator and employer. Visit www.worwic.edu/Services-Support/Disability-Services to learn more.



Course Announcement

In Chloses

To: Law Enforcement Agencies

From: John C. Moses

Director of Criminal Justice

Date: December 4, 2025

Re: Power in Peers©

CJP229-5036

MPCTC Approval #: Pending (40 hours)

March 16 to 20, 2026

Location:

Wor-Wic Community College
 Eastern Shore Criminal Justice Academy

 Fulton-Owen Hall, Room 103
 32000 Campus Drive
 Salisbury, MD 21804
 410-572-8750

Dates & Times:

- Monday, March 16 to Friday, March 20
- 7:45 a.m. 5:00 p.m.

Training Registration:

• To register, email your request to: escjaregistration@worwic.edu

Fees:

• Funded by CIT grant.

This course is now open to:

- Law enforcement personnel
- Dispatchers
- Therapists
- Civilians working with law enforcement (such as chaplains)

Power In Peers© is a standardized curriculum in peer support designed by law enforcement for law enforcement. The course provides a national certification and is considered to be a comprehensive course for both beginners and those with previous peer support experience. This course meets the Maryland mandate for Peer Support Training.

This course will train active and retired members of law enforcement, as well as civilian support staff and mental health clinicians, to assist and support peer officers with managing stress related not only to their duties as law enforcement officers, but also with stress related to life outside the scope of the job.

While trained peer support services are most likely to be sought out following a critical incident, course participants will be equipped to assist fellow officers with managing everyday stressors related to life as a law enforcement professional. Thus, this course contains post-critical incident skills development but also focuses on active listening skills as well as concepts from the field of Positive Psychology which focus on the development of individual strengths of the supported officer.

This course is intended to increase the skill level and number of trained peer supporters among members of the law enforcement profession. In addition, it will create a national standard for trained peer support and provides the student with access to a nationwide network of trained mentors.

Upon completion of this course, the student should be able to:

- 1. Demonstrate the ability to effectively provide support to a peer member of law enforcement in times of personal struggle or crisis.
- 2. Identify one characteristic of Power In Peers[®] training that distinguishes it from other models of peer support historically applied in law enforcement populations.
- 3. Identify signs and signals that a fellow officer is in need of support.
- 4. Demonstrate at least two methods for engaging a peer to offer support.
- 5. Demonstrate use of active listening skills.
- 6. Demonstrate awareness of the scope of their training as a Supporting Peer Mentor.
- 7. Demonstrate the ability to make referrals to higher-level services.
- 8. Explain key concerns surrounding use of substances.
- 9. Demonstrate understanding of Positive Psychology concepts and post-traumatic growth.
- 10. Demonstrate incorporation of at least one Positive Psychology concept in peer support work.
- 11. Create a plan of self-care and will be able to describe at least two measurable self-care practices.

This course is designed to meet requirements as mandated by the Maryland Police Training Commission and to meet the annual in-service requirements.

Dress Code Policy for Training Sessions at the Academy

To ensure a professional appearance, all in-service officers and staff must adhere to the following dress code to gain admission to any training session at the Academy:

- Uniform of the Day: Recommended.
- **Shirt**: Must have a collar; no t-shirts or tank tops.
- Pants: Docker-style pants, BDUs, or suits; no shorts or jeans.
- Footwear: Closed-toe shoes with socks; no sandals.

Firearms Policy: Officers carrying a handgun on campus must also display their badge in plain view.

Non-Compliance: Attendees who do not follow the dress code will be denied entry to the classroom or range. A report will be submitted to the Chief/Sheriff/Warden/Director outlining the reasons for the denial.

Thank you for your cooperation in maintaining a professional environment.

ESCJA Training Reservation Instructions

- 1. Complete the ESCJA Reservation Form: The fillable form is attached to the announcement email.
- 2. Enter Information: Please type, rather than handwrite, all required information onto the form.
- 3. **Save and Submit**: Save the completed form and email the saved file to escjaregistration@worwic.edu.

You will receive a notification confirming your seat or informing you if you have been placed on standby.

This document is available in alternative formats to individuals with disabilities by contacting disability services at disabilityservices@worwic.edu, 410-334-2899 or TTY 410-767-6960. Wor-Wic Community College is an equal opportunity educator and employer. Visit www.worwic.edu/Services-Support/Disability-Services to learn more.